STADIRA · STUDY DESK

MYP e-Assessment countdown planner

Write in your dates. Tick each stage. Stick it on the wall.

1. My exams

Subject	Date	Standard / Extended	Practice papers done

2. The countdown

When	My date	What to do	Done
3 months out		Sit one full past paper, timed. List the three topics that cost me most.	
6 weeks out		Fix one weak topic a week: notes, examples, then past-paper questions.	
2 weeks out		Two full papers per subject on a laptop, timed, typing all working.	
The day before		Read my mistakes list and the command words. Sleep early.	
Exam day		Scan the whole paper, find the big tasks, set a time for each section.	

3. Command words cheat sheet

Word	It asks me to…	Word	It asks me to…
State	give a fact, no reason	**Show that**	reach the given answer, every step
Outline	give a brief summary	**Justify**	give evidence for my answer
Describe	say what happens, in detail	**Suggest**	propose a sensible idea
Explain	give reasons or causes	**Discuss**	give more than one view
Calculate	work out a number, with steps	**Evaluate**	weigh pros and cons, then judge

4. Exam morning

- [ ] Good breakfast and water
- [ ] Arrive early, phone switched off
- [ ] Read every stimulus twice
- [ ] Plan my time before starting
- [ ] Type every step of my working
- [ ] Leave 5 minutes to check